

Newton South HS Athletics Department

Staff

Athletic Director: Pat Gonzalez

Equipment Managers: Ted Dalicandro and Alan Rotatori

Administrative Assistant: Barbara Castoldi

Assistant A.D.: David Padgett

Athletic Trainer: Patrick Jordan Quern

On Twitter: [@NSHS_Athletics](https://twitter.com/NSHS_Athletics)

Mission

- The Athletic Program is committed to the Mission of Newton South High School.
- It is an extension of the classroom.
- Its success is due to the quality of athletes and coaches involved in the school.
- It cares about the student-athlete as an individual.
- It teaches the values of sportsmanship, competitiveness, honesty, integrity, teamwork, and how to deal with success and failure.

Philosophy

To provide each participant with sound physical, mental, moral, emotional, and social benefits that will last a lifetime.

Your Athlete is the Center of our Attention

Our coaches are teachers first. They instruct, correct, give feedback about sports and, most importantly, they are helping our student-athletes to develop their emotional intelligence, their self control and grit. We ask our students to approach their coaches first if they have questions. We ask parents to let them learn those lessons by allowing them to communicate directly with their coaches.

Participation is a Privilege

Try-outs for our teams are open to all students, provided they are in good academic standing, are good school citizens, and are physically fit to participate. Participation in the program is a privilege, which students earn by maintaining these standards.

Student-athletes at Newton South High School have voluntarily chosen to make an additional commitment in their educational experience and accept the responsibilities that come with the privilege of representing their school.

Three Pillars of Sportsmanship

Pillar 1: The Coach instructs the team

Pillar 2: The Player puts the coach's plan into action.

Pillar 3: The Parent is the fan! Parents have a role that no other participant in this triangle can fill. Parents can cheer their sons and daughters by praising their efforts as well as their accomplishments. They can provide the emotional support that student-athletes need when facing difficult situations. Parents' example is their guide. Parents should be supportive of the coaches, including their rules, principles and decisions. We're grateful for parents fulfilling such an important role in Newton South's Athletics program!

Theme of the Season: **TRANSITION**

A new school year brings many transitions for our children. A new beginning means letting go of familiar routines, coping with change, and building trust while facing stressful situations.

What can you do?

- Encourage optimism.
- Focus on resilience and empathy so they can ask for help when they need it.
- Encourage them when they experience defeat and challenges because these are opportunities to learn and to become resilient and resourceful.
- Keep them in the game! Sports offer unique opportunities to help your child deal with stressful situations and to release the tension that they produce.

Communications

Communication that parents should expect from the coach:

- Philosophy
- Expectations for your child as well as all players in squad
- Location and times of practices and games
- Team requirements
- Procedures followed should your child be injured
- Discipline that may result in denial of your child's participation

Communications that coaches can expect from parents:

- Concerns expressed directly to the coach
- Advanced notification of any schedule conflicts
- Specific concerns with regards to a coach's philosophy and/or expectations

Appropriate concerns to discuss with coaches:

- The treatment of your child
- Ways to help your child improve
- Concerns about your child's behavior

Issues not appropriate to discuss:

- Playing time
- Team strategy
- Play calling
- Other student-athletes

Conferences with coaches:

- Please do not attempt to confront a coach before or after a contest or practice. Meetings under these circumstances do not promote resolution.
- Your student-athlete should approach the coach first.
- Your child will always be involved when you need to talk to a coach.

Fees

- Fees may be paid [online](#) or by check to the Athletics Office.
- Application for waiver of fees is available online.
- Registration documents will be online starting with the Winter season.

Sports Schedules

- Sports schedules are on the [Athletics calendar](#). You may subscribe to specific teams' calendars to display them with your personal electronic calendar.
- Follow the [@NSHS Athletics](#) Twitter account for up-to-date announcements.

Transportation

Newton South High School provides transportation to most "away" contests. All team members shall travel to and from these games with their team in the transportation provided. Exceptions to this policy must be requested in writing to the Athletic Office by the student's parent/guardian 24 hours before the commencement of the game. Parents can pick up only their own child from a game. Transportation to and from practices is the responsibility of the student. Timely pick up of the athletes at our school after games and practices is required.

Attendance

- Students have to be in school in order to participate in practices and games.
- Students suspended from school cannot participate in sports activities while suspended.
- Athletes are expected to be in school on time. Late games are not an excuse for late school arrival.

Injured Players

All injured athletes must check in with the coaching staff of their sport before reporting to the athletic trainer for rehabilitative exercises. This procedure will be followed until the trainer clears the student for participation.

Uniforms and Equipment

Student-athletes are expected to care for the equipment and uniforms issued by the school and to return these items to the coach at the conclusion of each season. This is a condition for his/her eligibility to try out the following season. Athletes can request a lock for their lockers by contacting our equipment managers (Boys: Ted Dalicandro, Girls: Alan Rotatori).

MIAA Rules to Remember

Bona fide team members rule: Members of school team cannot miss a practice or competition in order to participate in a non-school athletic activity/event in any sport recognized by the MIAA. Each tournament participant must be a Bona Fide team member. Penalty: Violator is ineligible for 25% of sports season, carried over to next season if violation occurs late in season.

Chemical Health Rule: As a member of the MIAA and the MSSAA, Newton South High School follows the state regulations regarding the use and abuse of tobacco, alcohol, and drugs by its athletes. Their penalties are the minimum standard that we are required to follow. Please note that Newton South's policy exceeds this minimum benchmark. See the [chemical health hand out](#).