

Secret Life of a Massachusetts Teen

Jon Mattleman

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7:00 PM

Newton South HS
Auditorium

www.jonmattleman.com

DO YOU WONDER:

- What teens are really thinking?
- Why they don't share their fears?
- How we can better support teens?
- How we can become better parents?

PARENTS WILL LEAVE WITH:

- Strategies they can implement immediately
- New ways of understanding teens
- Innovative techniques for engaging teens
- Confidence, courage, and new language

Jon Mattleman is a mental health counselor and trainer with 30 years of experience working with youth, parents and families.

In 1993 he established Youth/Family Resources, a consulting firm focused on overcoming personal barriers and building healthy relationships.

His dynamic presentations and workshops give participants tools they can implement immediately, strategies that work with children and youth, and constructive approaches to communication and collaborative problem solving.

Sponsored by the NSHS Guidance Department