

Come to a fun, free EXPO at Newton North High School!

TUESDAY, JANUARY 8, 2019 5:00 TO 7:30 P.M.

Teens and adults are invited to the Just Think: Teens Making Smart Choices Expo for participative, informative exhibits; live music; free refreshments; and fun. Meet 30 community exhibitors who help teens navigate life's pressures in order to stay safe and healthy. Get information about everything from vaping and personal safety to healthy eating and body confidence to stress reduction and mental health support.

Sponsored by the Newton North PTSO

- Community resources for teens and families
- FREE and fun!
- Treat bags for the first 50 students who come with a parent/guardian
- Giveaways and refreshments
- Drawing grand prize: Beats headphones
- Fitness demos