

“ADOLESCENT PSYCHOLOGY: THE PARENT VERSION”

by Joani Geltman



TUESDAY
NOV 19
7PM-9PM
NNHS LITTLE THEATER

Free and open to the public

Come spend an evening with Joani Geltman

Mrs. Geltman is a prominent parenting expert who speaks publicly on issues relating to child development and parenting.

- Understand teen stressors and anxieties
- Learn how the brain affects your teen’s behavior: It’s the battle of the thinking brain vs. the feeling brain
- Learn effective strategies of arguing- The Four Ways Of Fighting
- Develop effective strategies for keeping your teen safe as they explore teen life

