## NSHS College & Career Center



Check out the Center's website for news and upcoming events!

#### The Center is run by **Ms. Sabet**, our College & Career Counselor.

It is a space that...

- encourages students to explore post-secondary options in a comfortable setting
- provides students with access to various planning resources
  hosts information sessions by college reps. &
- other organizations
  Provides job, internship and scholarship listings
- Provides job, meetissing and seriourising insting
- I conduct one to one meetings with students, their counselors and families to discuss post-high school plans

NSHS College & Career Center Webpage

### Resources

<u>College & Career Center Website</u>

### <u>College Planning Guide</u>

- Individual Student Meetings with
- School & College/Career Counselors
- College Rep Virtual Visits
- College Websites/Instagram
- <u>MEFA</u>
- <u>Scoir</u> Career & College Tool
- Career Pathways Fair- March 15th



# Pause and Reflect...

Students... One of the most important things you can do is to think about what matters to you, what do you want out of your college experience, and why do these things matter to you.

#### **Questions to Consider**

- What are my goals and values with respect to my education?
- What do I want from college? (experiences, courses, etc.)
- Why do I want to go to college?
- How do I learn? What kind of learning environment am I looking for?
- What kinds of people do I want in my learning environment?
- What balance of academic, social life, and activities do I prefer?
- How involved do I want my parents/guardians in the process?

# Pause and Reflect...

Parents/guardians... it is also important to think about and share your goals for your child and their college experience.

#### **Questions to Consider**

- What are your hopes, goals, or expectations for your child and their college experience?
- In which kind of environment/campus do you think your child would thrive as a student and individual?
- Are there geographic, financial, or other constraints that should be addressed with your child at the outset of this process?
- How do you envision being involved in the process?

# **Standardized Testing**

- SAT Scholastic Assessment Test(<u>www.collegeboard.com</u>)
- ACT American College Test (<u>www.actstudent.org</u>)
- TOEFL Test of English as a Foreign Language (<u>www.ets.org/toefl</u>)

   For students whose first language is not English
- ★ Fee waivers or Fee-reduction vouchers are available for all tests above. Eligible students should speak with their school counselor.
- ASVAB Armed Services Vocational Aptitude Battery (<u>www.officialasvab.com</u>)
   multiple-aptitude battery that measures developed abilities and helps predict future academic and occupational success in the military. Other vocational/technical programs administer as placement test.
- Test Optional/Flexible Schools (<u>http://www.fairtest.org/university/optional</u>)
   Check individual colleges & university website on exactly how test scores are used at their particular institution.

### Recommendations

#### 2 - Teacher Recommendations are suggested.

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Students should ask junior year teachers to write a letter on their behalf ...
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When? April 2023 -June 2023
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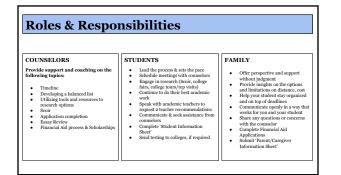
# Who? Teachers who know and understand your academic abilities and growth

NOTE: Some colleges may specify subject area, if majoring in a particular field (i.e. engineering programs may ask for science/math teacher only)

School Counselor Statement- you do not need to ask but the following will be required:

Student Information Sheet

Parent/Guardian Information Sheet



### **JANUARY-FEBRUARY 2023**

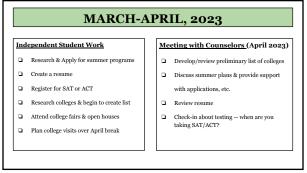
#### Seminar - late Jan 2023

#### Individual Meetings with Counselor

- Review 'Self-Assessment' What is guiding criteria for their
- post-secondary search/plan? Discuss summer plans (job, academic enrichment, internships) Ouality vs. Quantity Extension of 'research process'

### Independent Student Work

- Log onto & Explore Scoir
- Register for March SAT or April ACT •
- Research challenging and interesting summer courses, jobs, internships •
- Maintain focus on current coursework and extracurricular activities



MAY-JUNE, 2023			
Stu	dent Checklist	Parent/Caregiver Checklist	٦
٦	Deadline to register for June SAT or ACT	<ul> <li>Review SAT/ACT registration deadlines with student</li> </ul>	
	Ask 2 academic teachers for college recommendation letters	<ul> <li>Check-in about summer plans (job, internship, program, community service)</li> </ul>	
٦	Continue seeking & applying for summer jobs, programs, internships, volunteer work	<ul> <li>Schedule a family meeting to review preliminary college list, etc.</li> </ul>	
		Complete Parent/Caregiver Information Shee	et.

## **Upcoming Dates/Events**

- Course Registration: March 2023-early April 2023
- SAT/ACT Testing: Document in 'Resources" on College/Career website .
- NACAC College Fairs- https://www.nacacattend.org/fairs
- Career Pathways Fair March 15, 2023 6:30-8pm NSHS Cafeteria •
- Boston National College Fair: Tuesday May 2-3, 2023 (in-person) •
- College Representative Visits to Newton South: Spring 2023, posted in .

Scoir & the College/Career Center website

#### **College Planning Series** Monthly presentations addressing relevant topics guiding students/families with creating plans for life after high school February Standardized Testing March College Admissions & Students with Disabilities April College Panel May College/Personal Statement Essay June Summer Planning Look for SCOIR WIN seminars with your counselor Coming SOON