

NSHS College & Career Center



Check out the Center's website for news and upcoming events!

The Center is run by **Ms. Sabet**, our College & Career Counselor.

It is a space that...

- encourages students to explore post-secondary options in a comfortable setting
- provides students with access to various planning resources
- hosts information sessions by college reps. & other organizations
- Provides job, internship and scholarship listings

I conduct one to one meetings with students, their counselors and families to discuss post-high school plans

[NSHS College & Career Center Webpage](#)

Resources

- [College & Career Center Website](#)
- [College Planning Guide](#)
- Individual Student Meetings with School & College/Career Counselors
- College Rep Virtual Visits
- College Websites/Instagram
- [MEFA](#)
- [Scoir](#) - Career & College Tool
- Career Pathways Fair- March 15th



Pause and Reflect...

Students... One of the most important things you can do is to think about [what matters to you](#), [what do you want out of your college experience](#), and [why do these things matter to you](#).

Questions to Consider

- What are my goals and values with respect to my education?
- What do I want from college? (experiences, courses, etc.)
- Why do I want to go to college?
- How do I learn? What kind of learning environment am I looking for?
- What kinds of people do I want in my learning environment?
- What balance of academic, social life, and activities do I prefer?
- How involved do I want my parents/guardians in the process?

Pause and Reflect...

Parents/guardians... it is also important to think about and share your goals for your child and their college experience.

Questions to Consider

- What are your hopes, goals, or expectations for your child and their college experience?
- In which kind of environment/campus do you think your child would thrive as a student and individual?
- Are there geographic, financial, or other constraints that should be addressed with your child at the outset of this process?
- How do you envision being involved in the process?

Standardized Testing

- **SAT** – Scholastic Assessment Test (www.collegeboard.com)
- **ACT** - American College Test (www.actstudent.org)
- **TOEFL** – Test of English as a Foreign Language (www.ets.org/toefl)
 - For students whose first language is not English
- ★ **Fee waivers or Fee-reduction vouchers** are available for all tests above. Eligible students should speak with their school counselor.
- **ASVAB** - Armed Services Vocational Aptitude Battery (www.officialasvab.com)
 - multiple-aptitude battery that measures developed abilities and helps predict future academic and occupational success in the military. Other vocational/technical programs administer as placement test.
- **Test Optional/Flexible Schools** (<http://www.fairtest.org/university/optional>)
 - Check individual colleges & university website on exactly how test scores are used at their particular institution.

Recommendations

2 - Teacher Recommendations are suggested.

Students should ask junior year teachers to write a letter on their behalf ...

When? April 2023 ~June 2023

Who? Teachers who know and understand your academic abilities and growth

NOTE: Some colleges may specify subject area, if majoring in a particular field (i.e. engineering programs may ask for science/math teacher only)

School Counselor Statement- you do not need to ask but the following will be required:

- Student Information Sheet
- Parent/Guardian Information Sheet

Roles & Responsibilities

COUNSELORS

Provide support and coaching on the following topics:

- Timeline
- Developing a balanced list
- Utilizing tools and resources to research options
- Scoir
- Application completion
- Essay Review
- Financial Aid process & Scholarships

STUDENTS

- Lead the process & set the pace
- Schedule meetings with counselors
- Engage in research (Scoir, college fairs, college tours/rep visits)
- Continue to do their best academic work
- Speak with academic teachers to request 2 teacher recommendations
- Communicate & seek assistance from counselors
- Complete 'Student Information Sheet'
- Send testing to colleges, if required

FAMILY

- Offer perspective and support without judgment
- Provide insights on the options and limitations on distance, cost
- Help your student stay organized and on top of deadlines
- Communicate openly in a way that works for you and your student
- Share any questions or concerns with the counselor
- Complete Financial Aid Applications
- Submit 'Parent/Caregiver Information Sheet'

JANUARY-FEBRUARY 2023

Seminar - late Jan 2023

Individual Meetings with Counselor

Senior Course Registration

- Balanced course load
- Take challenging courses in subject areas in which you are passionate

Review 'Self-Assessment'

- What is guiding criteria for their post-secondary search/plan?

Discuss summer plans (job, academic enrichment, internships)

- Quality vs. Quantity
- Extension of 'research process'

Independent Student Work

- Log onto & Explore Scoir
- Register for March SAT or April ACT
- Research challenging and interesting summer courses, jobs, internships
- Maintain focus on current coursework and extracurricular activities

MARCH-APRIL, 2023

Independent Student Work

- Research & Apply for summer programs
- Create a resume
- Register for SAT or ACT
- Research colleges & begin to create list
- Attend college fairs & open houses
- Plan college visits over April break

Meeting with Counselors (April 2023)

- Develop/review preliminary list of colleges
- Discuss summer plans & provide support with applications, etc.
- Review resume
- Check-in about testing -- when are you taking SAT/ACT?

MAY-JUNE, 2023

Student Checklist

- Deadline to register for June SAT or ACT
- Ask 2 academic teachers for college recommendation letters
- Continue seeking & applying for summer jobs, programs, internships, volunteer work

Parent/ Caregiver Checklist

- Review SAT/ACT registration deadlines with student
- Check-in about summer plans (job, internship, program, community service)
- Schedule a family meeting to review preliminary college list, etc.
- Complete Parent/ Caregiver Information Sheet

Upcoming Dates/Events

- **Course Registration:** March 2023-early April 2023
- **SAT/ACT Testing:** Document in 'Resources' on [College/Career website](#)
- **NACAC College Fairs-** <https://www.nacacattend.org/fairs>
- **Career Pathways Fair March 15, 2023 6:30-8pm** NSHS Cafeteria
- **Boston National College Fair: Tuesday May 2-3, 2023 (in-person)**
- **College Representative Visits to Newton South:** Spring 2023, posted in Scoir & the [College/Career Center website](#)

College Planning Series

Monthly presentations addressing relevant topics guiding students/families with creating plans for life after high school

- February** Standardized Testing
- March** College Admissions & Students with Disabilities
- April** College Panel
- May** College/Personal Statement Essay
- June** Summer Planning

Look for SCOIR WIN seminars with your counselor **Coming SOON**