

Adjusting to High School

All students experience a period of adjustment

New setting, new peers, new expectations

Important to normalize change and encourage flexibility/adaptability

Healthy coping strategies

Getting Connected

Has your child identified communities, individuals, and/or spaces that promote a sense of belonging?

Counselors introduce academic and social-emotional resources to students during seminar meetings and other WIN block opportunities

Counselors provide the following forms of support:

- Academic (time management, scheduling, balance)
- Emotional Wellness (judgment-free outlet for expression, collaborative problem solving, skill development)
- Career/College exploration

Academic Resources

WIN blocks with your teachers

Academic Support Centers (Math Center, Writing Center)

Academic Support Center/"Small Studies"

Peer tutoring

Social-Emotional Resources

School Guidance Counselor

School Adjustment Counselors/School Social Workers

Guidance Seminars/SEL-themed WIN blocks

Counseling Groups (psychoeducational groups)

Affinity groups/spaces

Transition to Sophomore Year

More options for curriculum level

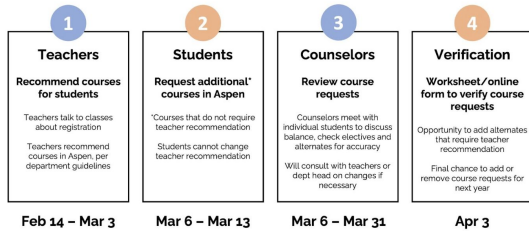
Wider and deeper variety of elective offerings

BALANCE!

Small Learning Communities

Course Registration

Course Registration for SY 2023-2024



Course Registration for SY 2023-2024

Program of Studies published online by Friday, February 17

February 14th-March 3rd:

- Teachers will conference briefly with students to best understand student preference and calibrate against their recommendations
- Teachers will input course recommendations in Aspen

March 6th-March 13th:

- Students will see their core course selections “pre-populated” in Aspen
- Students will select their electives in Aspen

Course Registration for SY 2023-2024

March 6th-March 31st:

- Students will have individual course registration conferences with counselors in March

Things to consider:

- Graduation requirements
- Sufficient credits
- Alternate choices
- Interest areas
- Balance

Course Registration for SY 2023-2024

Additional considerations:

- “Strength of Schedule” - double-edged sword
- Planning time for joy
- Bucking peer pressure
- Depth vs breadth
- Focus on the “why”

MCAS

Massachusetts Comprehensive Assessment System

General Details of MCAS Exams

Students testing come in at normal start time

- Only test-takers in the building in the AM
- All other students come to school later in the day

Once all students come to school, **we have a reduced, modified class schedule**

- More details on these schedules will come closer to the date

Students must use school-issued Chromebooks

Passing Grade 9 Science and Grade 10 ELA/Math are **graduation requirements**

Intro Physics MCAS - Tuesday, June 6 & Wednesday, June 7